

UNINTENTIONAL INJURIES

QANUILIRPITAA? 2017 HEALTH SURVEY

Unintentional injuries including falls, motor-vehicles crashes, frostbites, cuts and firearms-related events are responsible for many deaths and disabilities among Nunavimmiut.

Most unintentional injuries that happen in the community or while out on the land can be prevented with safe practices.

UNINTENTIONAL INJURIES

1 OUT OF 5 NUNAVIMMIUT

reported an injury that limited their usual activities in the 12 months before the survey (19%).



Among them,

80%

reported having sought medical attention or treatment at a hospital or a nursing facility.



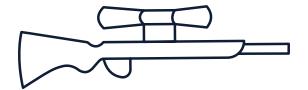
The main causes of injuries were FALLS, ALL-TERRAIN VEHICLE and SNOWMOBILE CRASHES.

FACTORS INFLUENCING THE RISK OF INJURIES



DRIVING UNDER THE INFLUENCE of drugs or alcohol (in the 12 months before the survey) was reported by 2 out of 5 drivers (39%).

MEN and Nunavimmiut aged **16-30** (both men and women) were more likely to be significantly injured and to have driven under the influence.



1 out of 4 Nunavimmiut reported having an **UNLOCKED FIREARM** inside or around the home (25%).

People who reported higher FAMILY COHESION, SPIRITUAL VALUES and KNOWLEDGE of CULTURAL ACTIVITIES also reported less injuries, less impaired driving and were more likely to safely store their firearms.

WHAT CAN BE DONE TO PREVENT INJURIES?

SAFELY practice Inuit traditional activities.





Wear a
HELMET or a
LIFE JACKET
when appropriate.

If you drive, make sure you are not under the influence of **ALCOHOL OR DRUGS**.



Keep your firearms **LOCKED**.

TAKE CARE of one another.

TO SEEK HELP ABOUT YOUR HEALTH, CONTACT YOUR LOCAL CLSC

Regional organizations are committed to working with the communities to promote safe environments and reduce the risks of injuries.

Qanuilirpitaa? 2017 is a population health survey carried out in Nunavik from August to October 2017. A total of 1 326 Nunavimmiut aged 16 and over from all 14 villages participated in this survey.



752 aged 31 and +

873 women







For more information: nrbhss.ca/en/health-surveys